

Natural Healing College



Program Catalog

Address

Natural Healing College
446 E Vine Street
Stockton, CA 95202

Telephone: (209) 390-8076
Fax: (209) 390-8078
www.naturalhealingcollege.com



Natural Healing College
March 1, 2014

Dear Prospective Students:

I am pleased to invite you to join our community of holistic learners. We would like to congratulate you on choosing a path towards wellness and a career path helping.

An education from Natural Healing College offers you a number of options. It can be the foundation you'll need to pursue a challenging career, open your own business or simply to further your own knowledge.

Selecting the right holistic college to prepare for what you want from your education is a decision that requires careful consideration. You have to first ask yourself what do you wish to achieve from an education and what are your goals.

Our philosophical goal is to raise awareness and share holistic health knowledge that will allow everyone to enjoy healthier, happier and more fulfilling lives. Our goal as educators is to provide a learning experience where you learn modern applications of Holistic wellness and healing from many perspectives. In our interactive learning environment we strive to keep the most up to date information available both holistic and scientific.

This year and next year our focus is on class improvements and adding short certificate programs most of which will be applicable to one or more of our diploma programs, or specialist certificates, which can stand alone to add to your personal and career focus. NHC welcomes you to our network of proactive learners. In our collaborative online learning environment you will find people from a vast range of geo socio-economic backgrounds. Once again congratulations on taking the first step on the journey of a lifetime.

“A journey of a thousand miles begins with a single step”! LAO-Tzu

Wishing you great success!

C. L. Thomas
Dean of Students



NHC
Natural Healing College
Holistic Programs

Program Catalog
Online Distance Learning

446 E Vine Street
Stockton, CA 95202

Telephone (209) 390-8076

www.naturalhealingcollege.com

Online Home Study Programs at Your Convenience!

New Certificate Programs!!!

The goal with our certificate programs is twofold. First we understand that many people choose to study Holistic Wellness for personal and family wellness reasons so both the cost and time commitment of any diploma may not be realistic. We also understand that folk with degrees and diplomas want to take a few of our classes for continuing education. With our 2-5 class certificate programs we are striving to meet those needs and give you credits that you can use towards a diploma if and when you take the leap to any of our full diplomas.

Benefit of these shorter programs include

- Lower financial risk for folk nervous about online learning
- A greater ability to pick the classes you really want
- Any class you take that is part of a diploma lowers the cost of the diploma based on the credits you earn
- Best of all- there is no previous education requirement for many of our certificate programs
- Cost per credit is normally \$54 per credit hour
- A \$50 enrollment fee does apply if you are a first time student with NHC

As we continue to roll out new certificates over the course of the coming months we will offer occasional, short term discounts, on specific, new programs. Detailed certificate curriculums start on Page 15

Holistic Home and Family

This 3 class certificate program delivers classes containing practical home wellness remedies and prevention plans in the areas of herbs vitamins and even nutrition! All of the credits earned can be used in multiple diploma programs.

Family Herbalist certificate program

The goal of this 3 class certificate program is to deliver broad based foundational knowledge of practical herbal applications for both personal and family purposes. All of the credits earned can be used in multiple diploma programs.

Family Nutritional Wellness

This three class certificate program offers classes where you will learn the use of vitamins, minerals, supplements and how to holistic approach nutrition to prevent and reverse symptoms for hundreds of illnesses, and chronic disorders.

Holistic Nutrition Management certificate

This is a 3 class certificate program. These 3 nutrition classes are most often requested by people already in practice so we have bundled them into a single certificate!

NHC Diploma Programs

Foundations of Holistic Science certificate to start EZ pay.

Technically these 2 classes are a certificate program but this certificate, by design, is the first 2 classes in any diploma. When a student chooses any EZ pay program they begin with this certificate.

Ayurvedic Health Practitioner, AHP

This Program will prepare you to become an Ayurvedic Health Practitioner using the principles of Ayurvedic sciences with practical healing applications.

Holistic Health Practitioner, HHP

This Program will prepare you to become a Holistic Wellness Professional with the use of applied holistic health sciences, nutrition & alternative remedies.

Master Herbalist, MH

The Master Herbalist diploma program prepares you to be an herbal wellness practitioner and consultant. The classes you take here are also core classes for other programs such as Ayurvedic Health Practitioner or Holistic Health Practitioner. Credits from this Program will transfer to these advanced programs.

Nutritional Consultant, NC

This Program leads you on the path to become a Nutritional Consultant. You will obtain a deep understanding of Weight Management, Herbal Supplements, Anatomy Sports Nutrition and much more.

Top 5 Reasons why students choose NHC

- Technologically Delivered Advanced Holistic Education
- Low Tuition, Flexible Payment Options
- Online Lectures, Lessons, and Instant Exam Results
- Textbooks by well-known Authorities in Holistic and Alternative Concepts
- Post Graduate and Internship Support
- Programs designed to help open your own business

Join The Trillion Dollar Health Industry!

This is your chance to leap into the Holistic Health world by offering holistic alternatives! Get started today!

- Open your own Holistic Health Practice
- Become a Nutritional Consultant, Spokesperson or Speaker
- Compound Herbal Supplements
- Own an Ayurvedic Health Practice
- Educate Holistic Alternative Concepts
- Open or Manage a Health Spa and activities
- Own a Nutrition & Herbal Supplement Store
- Publish Holistic Medical Journals
- Author Books and Articles in Healthy Living
- Prevention & Holistic Alternatives
- Work with other Holistic Practitioners
- The possibilities are endless

Prospective Students:

A college education offers you a number of options. It can be the foundation you'll need to pursue a challenging career or the background to further your knowledge.

Selecting the right holistic college that will help you prepare for these options is a decision that requires careful consideration. You have to first ask yourself what do you wish to achieve from an education and what are your goals.

Before you make that important decision, we would like you to learn more about what Natural Healing College has to offer you.

About Us: Natural Healing College is a distance learning institute offering online, high quality, on demand, vocational education in the fields of Holistic Health Science. At NHC we have modeled our online classes to give individual one-on-one attention to every student in a dynamic computerized virtual environment from the convenience and comfort of your own home.

Students can monitor their academic performance in real-time. By eliminating the need to mail in papers, tests, and quizzes, you no longer have to wait weeks to find out results. Exams and Lessons are instantly graded and essays that you write receive personal online teacher comments twice a week!

NHC welcomes you to join our network of proactive learners, who are from a vast range of socio economic backgrounds in a collaborative online environment. All classes are offered online. All the class work is completed online where ever you have a computer and high speed Internet access.

California Bureau for Private Postsecondary Education

NHC is operating under exemption from
licensees per state code- 94874(f)

Memberships

American Association of Drugless Practitioners Natural Healing College has achieved the AADP approval status; this means that the education that you earn through our programs are authorized and approved by a board of educators and professionals alike. NHC students who desire to be Board Certified Practitioners can immediately apply for board certification through the American Association of Drugless Practitioners following their graduation. Once you have achieved the necessary credits for graduation, instructions for application will be sent to you. Current and prospective students may contact us for more information at:

Contact: (888) 764-AADP, <http://www.aadp.net/>

American Naturopathic Certification Board has approved NHC's graduates qualify for the ANCB's national certification examination. With these exams, the NHC graduates of the Holistic Health Practitioner program & Nutritional Consultant program can now earn a designation Certified Holistic Health Practitioner and Certified in Nutritional Wellness.

Contact: (406) 543-6154, <http://www.ancb.net/>

American Council of Holistic Medicine (ACHM) gives its approval to NHC's programs for Holistic Health Practitioner, Ayurvedic Health Practitioner, Nutritional Consultant, & Master Herbalist. Graduates are now eligible to apply for specialization, board certification & credentials.

Contact: (805) 644-2246, <http://www.theachm.org/>

You should note that these are independent agencies and neither they nor NHC is recognized as part of any higher education accreditation organization under United States Department of Education(USDE).

The BETTER BUSINESS BUREAU

Natural Healing College is a BBB approved business.
www.BBB.org

Diploma and Certifications

Students receive a diploma upon graduation from Master Herbalist, Nutritional Consultant, Holistic Health Practitioner or Ayurvedic Health Practitioner programs. Students completing a certificate program will be shipped a professional certificate. The greatest financial reward with diplomas of this type is found in private practice. A diploma or certificate from NHC credits our graduates with the highest professional standards. We teach our graduates skills to consult and teach wellness, and holistic nutrition information with great competence. A graduate of NHC should not be confused with a licensed medical doctor. NHC Students are training to become Wellness Consultants in specific disciplines. You cannot diagnose, prescribe or treat symptoms, defect, injury, or disease pursuant to California Business and Professional Code 2052. You can do wellness counseling or coaching as a wellness practitioner or consultant. Our use of the word "clinical" refers to working in a clinical environment and does not imply being a licensed doctor or practicing medicine. Students are responsible for determining the legal issues involved in conducting a holistic health or holistic nutrition practice in their state or locality. We recommend you contact your state or local government for legal interpretations as the laws differ from place to place.

Disclaimer

By enrolling in or otherwise affiliating with Natural Healing College, all system users agree to NHC terms and conditions. This catalog is subject to revision and change and is current as of 4/30/2014

Programs

We are pleased to offer 4 diploma programs and numerous certificate programs that are not only self-benefiting, but also intellectually stimulating and challenging.

Ayurvedic Health Practitioner (AHP)

Holistic Health Practitioner (HHP)

Master Herbalist (MH)

Nutritional Consultant (NC)

Mission Statement:

Our mission is to advance knowledge and educate to the community about the importance of healthy living to improve the quality of life using Holistic health concepts aimed at balancing body, mind and spirit.

Goals:

Our goal is to deliver the best platform for holistic education and fully prepare future graduates of our programs to solve many modern wellness challenges. We choose to make a difference in our community through the integration holistic techniques and modern science concepts.

Vision

Our vision is to raise the standards in Holistic education and set future benchmarks in order to provide our students not only the best education, but also to give the opportunity and credibility to enter the Holistic world with conviction and confidence.

Beyond the personal satisfaction you'll experience helping others increase their longevity, and quality of life. Holistic health and wellness is a trillion dollar industry. Every year more educated, well off people are looking for alternative and holistic approaches for healing, disease prevention and holistic alternatives to pharmaceutical harsh drugs.

Top Ten Reasons Students Choose NHC

1. Technologically Delivered Advanced Holistic Education
2. Low Tuition, Flexible Payment Options
3. Online Lectures, Lessons and Instant Exam Results
4. Textbooks by well-known Authorities in Holistic and Alternative Concepts
5. Post Graduate and Internship Support
6. Quality in-depth and challenging education
7. Professional staff and teachers
8. Free online resources & tools
9. Online student/teacher interaction
10. Student forums and student interaction

Non-Discrimination Policy

Natural Healing College provides full and equal employment opportunities to all qualified persons without regard to race, color, religion, sex, sexual orientation, national origin to prohibit discrimination in recruitment, employment or conditions of employment, including salary and benefits related thereto, to promote employment opportunity and to take affirmative action in this regard.

Affirmative Action means the elimination of existing discriminatory conditions whether purposeful or inadvertent. This non-discrimination policy applies to all persons.

30 Day Refund Policy:

NHC recognizes that sometimes applicants may sign up for a class without fully understanding what will be expected of them. The State of California requires a 7 day refund policy. We take that one step further. NHC has a 30 day refund policy. A student has a right to cancel the agreement and receive a refund, minus the US cover price of textbooks for any textbooks delivered, shipping charges incurred by NHC and a \$50 enrollment fee, for 30 days after payment. Other conditions apply, such as- proration based on class progress.

The student agrees to a 15-20 minute exit interview before billing can issue an actual refund. Exit interviews will be conducted by phone with a manager chosen by NHC. Exit interviews are conducted by appointment between 9am and 5pm PST on normal business days. All such refund requests should be addressed to refunds@naturalhealingcollege.com. All refund requests should include the student choice of time, day and the phone number they wish to be called at to conduct their exit interview.

These refund and cancellation policies represent a substantial change from past policies. These refund policies are effective August 25, 2013 and only affect students enrolling after that date. Students who previously enrolled should contact registrar@naturalhealingcollege.com for a copy of the refund policy that they were promised.

2014 Holiday Schedule

Wednesday, January 1 New Year's Day
Monday, January 20 Birthday of Martin Luther King, Jr.
Monday, February 17 * Washington's Birthday
Monday, May 26 Memorial Day
Friday, July 4 Independence Day
Monday, September 1 Labor Day
Monday, October 13 Columbus Day
Tuesday, November 11 Veterans Day
Thursday, November 27 Thanksgiving Day
Thursday, December 25 Christmas Day

*This holiday is designated as "Washington's Birthday" in section 6103(a) of title 5 of the United States Code

Transfer of Credit Policy:

NHC -to- NHC

Any NHC class can be transferred into other programs at NHC. Students that wish to continue to other programs that may have the same preliminary class or classes do not need to retake duplicated classes. You only pay for the credits needed!

Other Institutes -to- NHC

If you have attended another institute and you have decided that NHC is a good fit for you, NHC welcomes you to apply and request credit transfer to any of our programs. Credit transfer to NHC will be subject to review and evaluation of each Program completed with a C or above satisfactory grade, provided the Programs correspond in time and content to Programs offered at the Natural Healing College. Only classes that directly correlate to NHC curriculum are eligible for transfer. Please note that credit transfers are subject to a \$25.00 per credit hour transfer fee, which covers the time and cost associated with evaluation of each class associated with the transfers. In case the credit is not accepted then the full credit evaluation fee is returned.

In compliance with current BPPE regulations credit acceptable for transfer purposes must be earned at a school approved by the Bureau for Private Postsecondary Institution or accredited by an accrediting association recognized by the U.S. Department of Education. For foreign institutions documentation of equivalency must be provided. Credits earned through USDE recognized testing like the CLEP or Dantes are the only acceptable test out credits. ACE credit evaluations of college level work are accepted for transfer. No more than 75% of class credits from any non NHC source will be accepted for a program.

NHC does not accept credit transfers for experiential learning and does not offer ability-to-benefit services.

Credit transfer forms and instructions can be downloaded from

http://www.naturalhealingcollege.com/dl/credit_transfer.php

NHC -to- Other Institutes

NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at Natural Healing College is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the diploma you earn in Master Herbalist, Ayurvedic Health Practitioner, Holistic Health Practitioner, or Nutritional Consultant program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or diploma that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your class work at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Natural Healing College to determine if your credits or diploma will transfer.

Articulation Agreements

This institution has not entered into any transfer or articulation agreements with any other college or university.

Attendance Policy

Natural Healing College is a distance online learning college, thus allowing the classes to fit around your schedule. The Foundations of Holistic Science program has a 16 week time frame to complete but extensions are available. All other programs have 2 year limits. Classes are self-paced with no strict attendance policy so setting yourself up on some sort of personal schedule and monitoring your own progress can be very, very important to completing your diploma program in a timely fashion. If you are unable to work in classes for a month or more you should request a leave of absence,

Students who have the self-discipline to set a weekly schedule of 8-10 hours a week in the actual learning system and 4-5 writing offline and reading their textbooks offline typically complete a single diploma in 6-12 months but we do- by our contract with you- allow up to 2 years to complete any program.

If any government agency or an employer asks us to verify your status as a student you must be on a pattern of weekly logins. Part time is considered to be logging in and working 1-2 hours per week and completing 1 chapter every 2 weeks. Full time is considered to be logging in more than 4 hours per week and completing 1-2 chapters per week.

Payments

Payments can be made using a major credit card, personal check, or money order. Classes are offered and paid for either

- ala cart based on pre requisites having been met (we call this EZ pay)
- Under a 6 month payment plan
- Payment in full

Financial Aid

NHC does not participate in Federal or State financial aid programs. NHC is not a title 4 school.

If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and if the student has received federal student financial aid funds, the student is entitled to a refund of money not paid from federal student financial aid program funds.

Consumer Disclosure

Natural Healing College has never filed for bankruptcy petition, operated as a debtor in possession or had a petition of bankruptcy filed against it under Federal law.

Admission Standards

All students who wish to enroll in any of our diploma programs must be at least 18 years of age, be a high school graduate, possess a General Education Development (GED) certificate or have completed any certificate program at NHC.

International Students

International students, with no US educational background, are required to either complete a certificate program at NHC or have their previous education evaluated an independent evaluator who is a member of NACES. That list is at <http://www.naces.org/members.htm>

Students for whom English is a second language will be required to submit official English test scores. The IELTS examination is accepted with a 7 or better band score (academic modules). TOEFL/TOEIC documents are accepted. The minimum accepted score for the TOEL is 80 for the Internet-based test and 550 for the paper-based test. TOEIC will require 550 or above The IELTS examination is accepted with a 7 or better band score (academic modules).

If you studied outside the USA or a US territory evidence of high school graduation or equivalent must be presented to NHC in one of the following forms

- A NACES member evaluation of an original high school diploma
- A NACES member evaluation of a high school transcript indicating the date of high school graduation
- An official transcript from any USDE accredited high school, college or university indicating at least 6 earned college class credits

These documents will not be returned to the student and these submitted documents become the property of student records.

General Information for International Students

Natural Healing College does not offer visa services to prospective students from other countries or English language services. NHC does not offer English as a Second Language instruction. All instruction occurs in English.

International books and material- Due to past issues with customs and duties we don't ship any books or materials to non-US destinations. International students are responsible for arranging their own books. NHC will provide a book list and students can try to source the books from Amazon or other retailers before enrolling for the class, course or program. NHC will issue a refund for the books based on the actual US publisher's retail list price- to be determined on a book by book basis. In all the cases, the receiver is responsible for all the taxes, duties, customs and brokerage fee, if any.

International Graduation Packages- Due to past issues with international delivery international graduation packages are shipped USPS Global Express, flat rate document package, with tracking and signature required where available, at the student's expense. Student cost will be the true shipping cost to their destination. These fees cannot be quoted in advance due to the fluctuating nature of such costs.

You must complete the Distance Learning Questionnaire and an International Application to determine if online learning is a good fit for you.

Distance Education Equipment Requirements

You must be comfortable and confident with basic computer tasks such as email, attaching files, using the Internet, and word processing. Students are required to have a desktop or laptop computer in their own home. PCs must have an XP, Vista, Win7 or Win8 operating system or better, Macs required operating system 9.1+ and OS X or better. Computers should have at least 1 GB RAM, and sufficient hard drive space to hold files. Computers must have sound card, speakers and a microphone. Students need a Broadband Internet connection such as Cable or DSL. An email address, not shared with spouse or family members is required. Accepted browsers are Internet Explorer 8 or better or Firefox current version. Other incidental software is required. Free download links for incidental software programs are provided in the online learning system.

If you're ready to start your new career with NHC, but are not sure which program is right for you, speak to one of our experienced admission counselors today. We will help you explore your interests, discover your talents and guide you in the right direction.

Telephone: (209) 390-8076 extension 111
Fax: (209) 390-8078
Email: registrar@naturalhealingcollege.com

Registration Procedures

Students can apply for enrollment by visiting the following URL:
<http://www.naturalhealingcollege.com/tuition/>

After you complete an application for the program you wish to pursue, our admissions department will review your application, verify that you are eligible to enroll and in some cases schedule an appointment to help you with all the additional documentation necessary to approve your admission. Upon approval they will send you a letter with payment instructions. If you pay online, as most students do, the payment confirmation page will contain all of the details to start Orientation within a matter of minutes.

Student Complaints

Student complaints that are not resolved in normal channels should be addressed to our student affairs sc@naturalhealingcollege.com. We will always do everything in our power to resolve any disputes that may arise. If you feel that the issue cannot be resolved via e-mail or a phone call from one of our staff, you can also write to the

Director of NHC:
Natural Healing College
446 E Vine Street
Stockton, CA 95202

As a prospective student, you are encouraged to review this catalog prior to enrollment.

Submission Policy

All of our Programs are online, real time and asynchronous. NHC's online platform allows all of our students to review lessons, exams, and submit written assignments with the expectation of teacher responses twice weekly through our online learning environment. Even your final project is submitted in real time and manually graded in 10 days or less.

Grading Assessment

Completion of 70% or better is required to pass a class and continue to the next class. Evaluation is provided in real time so that a student can monitor their progress in real time.

Grade	(%)	Average	
A	93-100	4.0 - 3.13	W = Withdrawal
B	85-92	3.0 - 2.13	I = Incomplete
C	77-84	2.0 - 1.13	
D	70-76	1.0	
F	0-69	0.0	
I	0	0.0	
W	N/A	N/A	

The word transfer appears beside the class name for any transferred credits.

Student Classifications and Unsatisfactory Progress Procedures

NHC has always been committed to working around your schedule. *We fully understand that we cater to working adults who need flexible schedules. The California Bureau for Private Postsecondary Education requires a student progress reporting system from all private schools for purposes of consumer protection. Our goal is to keep your schedule as flexible as you need it and to comply with this new regulation.*

Voluntary Leave

If you *know* you are not going to be able to attend classes for more than 30 days visit <http://www.naturalhealingcollege.com/loa/> and fill out a request. You can also send an email to loa@naturalhealingcollege.com and the web address will be sent to you by auto reply. Common reasons include personal or family health issues, economic distress, childcare issues and specific changes in situation like military deployment or job relocation. Properly requested Leave of absences are always granted but no single leave (*except medical leave with a doctors letter, military deployment or natural disaster*) is longer than 90 days. Total time on leave shall not exceed %50 of your program time. There is no reinstatement fee when you are ready to return to classes from voluntary leave. Being on a Voluntary Leave of Absence “freezes the clock” on your time to complete a program.

Suspended Leave

If you *fail* to access any classes for 60 days or more NHC will attempt to contact you by phone and or email to help you set up a Voluntary Leave. *If you fail to respond to these contact attempts your learner account will be placed into a suspended Leave status. Reinstatement fees may apply. A suspended leave extending beyond your program length will result in an involuntary withdrawal.*

Maximum Leave

In compliance with federal guidelines total leave of absences shall not exceed %50 of your programs length. Multiple leaves of absence may be permitted provided the total of the leaves does not exceed this limit.

At Risk for Unsatisfactory Progress

Every 2 months during the last week of the month a report will be generated showing all students who have not logged in for 6 weeks or more. Acceptable resolutions to the contact attempt may range from

- a personal technical coaching session
- or class content coaching session by phone,
- an extension as needed,
- a leave of absence if more than 2 months of inactivity is anticipated.

Notes regarding these contacts will be left on the student's profile in a field only visible to staff members.

Unsatisfactory Progress and Contact Procedures

If NHC is unable to contact an 'at risk' student for 5 (five) business days, either by phone or the email address in the learning system, the student's login will be frozen until the student contacts the school. If there is no contact after an additional 30 calendar days the student will be considered to be on suspended leave due to failure to attend classes. Anyone placed in this status should (within their enrollment period) contact us to resume their program. Return from suspended leave of absence will require the student to submit and adhere to an exacting schedule. Reinstatement fees will apply.

Reinstatement

Normally unfreezing a student account is accomplished within one business day assuming that the student completes the form at <http://www.naturalhealingcollege.com/rloa/> and submits a schedule that will lead to a reasonable graduation date.

*None of these steps are intended to be punitive. We will work with you in every possible way to help you complete your chosen program in a timely manner that works with your schedule and adheres to **BPPE** regulations. Guidelines are subject to change without notice in the event of regulatory changes.*

Extensions

Under extraordinary circumstances you may require an extension beyond your 2 year enrollment period. To be eligible for an extension a student must have completed 2/3 of the credits for the program they are enrolled in. In the last month of your enrollment period you should visit <http://www.naturalhealingcollege.com/er/> to make this request. Extension requests made more than a month before they are needed are not valid. In compliance with BPPE guidelines extensions shall not exceed 50% of the program length. Extensions are granted in 90 day blocks of time in order to monitor your progress closely.

Probation and Dismissal

NHC Reserves the right to dismiss or implement probation for any student who is found to be guilty of plagiarism, failure to attend classes for 90 days, copyright violation or deliberate academic dishonesty in their program work.

Graduation Requirements

A student will be eligible for graduation upon meeting the following conditions:

1. Completed all required hours / semester credits
2. Received a 70% or better in all classes; and
3. Cleared all financial obligations.

Student Services

Continuous Improvement is one of the ethics codes we here at NHC strictly adhere to. Our objective is to provide the student with education that will allow them to develop and reach their personal and professional goals so that they can achieve excellence. We take each and every student's feedback, comments and suggestions seriously. If there is something on your mind that you would like to share with us, please email.

sc@naturalhealingcollege.com

Graduate Support

We offer support for graduates that are interested in obtaining experience in a holistic business environment. We offer letters of recommendation, diploma acquisition and more. We work with other holistic businesses around the continental USA to arrange for volunteer work and internship opportunities for our graduates giving them some hands-on experience. If you are a graduate and you would like to work in a holistic business in your community, let us know. No one, in any industry, can guarantee a job upon completion of any diploma or degree. We have no formal placement assistance program but we do offer both a plethora of 3rd party

information and links to industry wholesalers, SBA resources, and information on everything from dressing for success, to out-of-the box ways to use the education you gained with us to generate income and a long, successful career. The truth is these diplomas are designed to prepare you to be a private practitioner in the field you are studying for.

Library

Textbooks for your classes are shipped once your payment clears. As an online school maintaining a physical library would be of little or no use to our students. We maintain an extensive library of eBooks, articles and links to published and publically available Holistic research in our Human Bean Coffee House “class” that is open to all students. Additional materials for both research and learning materials specific to each class are found in the actual individual online classes.

Internship Assistance/Volunteer Work

A limited number of internships are available upon completion of full diploma programs. There are no internships offered after completing certificate programs. All internships opportunities are in the United States and are subject to availability. No educational visa services are available for interns. NHC graduates enjoy the ability to apply their education in a “hands on” environment with professionals in the holistic field to gain real life experience. We do not offer the work or internship; we simply facilitate the platform to bring the businesses and graduates together.

Contact us today about our Internship programs.

Telephone: (209) 390-8076 ext 711

Email: interns@naturalhealingcollege.com

Technical Support

Our dedicated technical support department can help you with account related or any other technical issues with the online student learning platform. The support department is either open or on call by phone 7 days a week from 9AM-6PM PST

Telephone: (209) 390-8076 extension 999

Email: support@naturalhealingcollege.com

Student Records

Student records will be maintained at the school site for five years from the last date of attendance.

Transcripts are maintained permanently.

Semester Credit Hours

One semester credit hour is equivalent to 15 clock hours.

Conduct

Conduct for which students are subject to sanctions falls into academic dishonesty such as cheating, plagiarism, and sabotage.

Faculty members have a special obligation to expect high standards of academic honesty in all student work. Students have a special obligation to adhere to such standards.

Housing

As a 100% distance education program, National Healing College does not assume responsibility for student housing, does not have dormitory facilities under its control, nor offers student housing assistance. Rental properties within the United States can be found at rentals.com.

Student Handbook

A download link for the Student Handbook is located in every online class lobby or at http://www.naturalhealingcollege.com/pdf/free_student_handbook.php

NHC Faculty Policies

All NHC teachers have no less than 3 years' experience practicing in their specific area of instruction and/or a USDE recognized degree from a University.

NHC provides planned training to all of our instructors in various components of online class design and instruction. Teachers take annual CEU classes from recognized organizations and schools in either Education or Alternative and Traditional Health fields.

NHC Faculty

C. L. Thomas

Dean of Students

Anatomy and Physiology Teacher

New Mexico State University *AA Business*, Kent State University *BA Science*,

LA International College *Health Administration*

Cristina Vanderlaan Practical Nutritionist

College of Holistic Health Practice

California Polytechnic State University, *Bachelor of Arts, English*,

2006-present Health Odyssey Practical Nutritionist

Dr Vikramaditya Tomar

College of Ayurvedic Practices

Rishikul State PG Ayurvedic College, Haridwar, *Bachelor of Ayurveda, Medicine and Surgery*

Keraleeya Ayurveda Samajam Hospital & Research Center, Shorannur, Dist. Palakkad, Kerala, *Certificate In Ayurvedic Panchakarma Therapy*

2001-2007 Director Charaka Ayurveda & Panchkarma Center

2007-present lecturing in Europe as well as working with village health clinics in India

Whitney Elkins-Hutten

ANB Certified in Nutritional Wellness

College of Nutrition, Adjunct Faculty

University of Oklahoma- Norman, OK - *Chemistry and Biochemistry- Cum Laude*

Tulane School of Public Health and Tropical Medicine- New Orleans, LA *Masters of Public Health Infectious Disease Epidemiology*

2006- Present Nutrition Practitioner (Pharmaca Integrative Pharmacy)

K. Rolfes

Adjunct Faculty

Holistic Practitioner

University of Massachusetts, Amherst *Bachelor of Education*

2001-present Holistic Practitioner

Certificate Curriculum

Certificate programs at Natural Healing College are short 2-6 class programs designed for both personal growth and to act as continuing education in holistic wellness and traditional medical professional fields.

There are no previous education requirements for our certificate programs. Credits earned in certificate programs can be transferred into any applicable NHC Professional diploma programs at no cost to our students.

Aromatherapies certificate program

Aromatherapy as a field has many applications in the holistic wellness industries, traditional medicine and is an industry unto its self. Practitioners massage therapists, cosmetic and soaps manufactures, even mental health practitioners all find practical applications for aromatherapy in their businesses. The NHC Foundations of Aromatherapy Certificate covers more than 200 wellness uses of essential and absolute oils as well as recipes and formulae. The goal of this certificate program is to deliver broad based foundational knowledge of practical aromatherapy applications for both personal and professional purposes.

This short certificate program is an excellent "toe in the water" for traditional healthcare professionals beginning to explore alternative health modalities. It is a powerful experience to understand how something as simple and natural as oil from a plant can promote balance in an anxious mind and act as a powerful antiseptic or antifungal. This class gives you the foundations that can allow you to offer alternatives to manmade drugs and chemicals. Understanding how aromatherapy brings about an extraordinary strengthening of the body's self-healing abilities is inspirational and empowering.

There is no application or prerequisite to take this certificate program so you can enroll and get started when you are ready! **\$374.00 - Total Tuition and enrollment** Includes \$50.00 enrollment fee, textbook & free shipping within the USA only.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Credits Transfer to
OR014	Orientation no charge	0	0	Tuition Paid	all diplomas
AR101	Foundations of Aromatherapy Part 1	45	3	OR014	No diplomas
AR102	Foundations of Aromatherapy Part 2	45	3	AR101	No diplomas
	Total	90	60		
<i>*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements</i>					

Family Herbalist Certificate Program

Our Family Herbalist Certificate program is designed to educate home herbalists on the uses of 100's of herbs and their uses for family wellness, it will teach you how to make tinctures', decoctions and use herbs in creative ways at home as well as educate you on potential interactions with vitamins and drugs. Some credits from this popular introductory certificate can, at no cost for transfer, be transferred to several of our Holistic Professional diploma programs.

There is no application or prerequisite to take this certificate program so you can enroll and get started when you are ready!

Class Code	Class Title	Clock Hours	Credit Hours	PR class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	
MH101	Essentials of Herbal Medicine	60	4	OR014	MH, AHP, HHP
MH310	Creating Herbal Medicines	45	3	MH101	MH, AHP
HM301	Herb-Drug-Vitamin Interactions	45	3	MH310	MH, AHP
	Total	150	10		
<i>*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements</i>					

HM101 Essentials of Herbal Medicine In this 10 topic class you will discover the origins of herbal medicine and explore modern herbal applications. Learn how to store and use herbs for maximum effectiveness. Learn about delivery methods of herbs for wellness uses. **Credits 4 - Clock Hours 60**

MH310 Creating Herbal Medicines This class is designed to educate you on the applications and delivery of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. **Credits 3 - Clock Hours 45**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

The total cost for Home Herbalist when paid in full is just \$530! This total includes tuition, enrollment fees, books and shipping in USA

Holistic Home and Family certificate

This Program offers 3 of our top student rated classes in a single certificate. These 3 classes are designed to practical, easy to understand and implement holistic remedies for both self and family treatment, and a plethora of holistic living techniques to guide you to live in greater wellness.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HM102	Natural Alternatives to Allopathic Medicine	45	3	OR014	MH, AHP, HHP
NC301	Drug Free Remedies	60	4	HM102	HHP, NC
HP101	Dietary Wellness	60	4	NC301	HHP
	Total	165	11		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class Descriptions: Holistic Home and Family certificate program

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

NC301 Drug Free Remedies In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. **Credits 4 - Clock Hours 60**

HP101 Dietary Wellness Nutrition is an important part of health. This class will educate you on how to maximize your diet for your health by studying various types of foods, the nutrients they possess and how these nutrients affect the body. **Credits 4 - Clock Hours 60**

Holistic Nutrition Management certificate

This Program offers the top 3 requested nutrition classes in a single certificate. These 3 classes are designed to practical, easy to understand and implement holistic remedies for both self and family treatment, and a plethora of holistic living techniques to guide you to live in greater wellness.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HF201	Raw Foods	45	3	OR014	NC
DT102	Internal Cleansing & Detoxification	45	3	HF201	NC
HF102	Nutrition for Life & Weight Mngmt	45	3	DT102	NC
	Total	135	9		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class descriptions Holistic Nutrition Management certificate program

HF201 Raw Foods In this course you will learn about preparing and consuming raw foods in for a balanced raw vegan diet. Learn the benefits and dangers of the vegan diet and educate yourself on how to stay healthy while eating vegan. **Credits 3 - Clock Hours 45**

DT102 Internal Cleansing & Detoxification In this class you will study how common foods and environmental factors have toxins that can build up in the body and affect health. Discover how to cleanse your system of these toxins and then how to eat to avoid letting them build up in your body again. **Credits 3 - Clock Hours 45**

HF102 Nutrition for Life & Weight Mngmt Learn how to assess lifestyle and nutritional choices, then discover the elements of a healthy diet and how to work them into your client's life. Find out how to manage weight through diet and how food can be used as a medicine. **Credits 3 - Clock Hours 45**

Family Nutritional Wellness

This Program offers 3 of our top student rated classes in a single certificate. These 3 classes are designed to practical, easy to understand and implement holistic remedies for both self and family treatment, and a plethora of holistic living techniques to guide you to live in greater wellness.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	ALL
NC302	Vitamin Therapies	45	3	OR014	NC
HF101	Food and Nutrition	60	4	NC302	NC
NC301	Drug Free Remedies	60	4	HF101	NC, HHP
	Total	165	11		
<i>*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements</i>					

Class Descriptions: Family Nutritional Wellness certificate program

NC302 Vitamin Therapies In this class you will learn what roles vitamins and minerals play in the body as well as the dangers of an inadequate or a surplus intake of vitamins and minerals. Also discover how vitamins can be used to aid the healing processes in the body. **Credits 3 - Clock Hours 45**

HF101 Food and Nutrition In this class you will find what constitutes healthy and unhealthy foods, as well as suggestions for how to improve your over-all well being through diet at any age. Environment and all the substances that you put in your body affect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. **Credits 4 - Clock Hours 60**

NC301 Drug Free Remedies In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. **Credits 4 - Clock Hours 60**

Foundations of Holistic Science certificate program

This Program is the prerequisite for all diploma programs. Before you commit to long term study with us these two classes will prepare you scientifically and expose you to a wide spectrum of alternative healing modalities. There is no application or prerequisite to take this certificate program so you can enroll and get started when you are ready! **The total cost for Foundations of Holistic Science is just \$320!** This total includes tuition, enrollment fees, books and shipping in USA.

Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Foundations of Holistic Science certificate program Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Credit Hours	PR class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HS101	Foundations of Holistic Science	45	3	OR014	All
AP101	Anatomy and Physiology	30	2	HS101	All
	Totals	75	5		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class Descriptions: Foundations of Holistic Science (FHS)

Orientation- No Cost

Immediately after paying your tuition and enrolling the first class you go into is Orientation. In this 2-4 hour noncredit class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

HS101 Foundations of Holistic Science In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 3 Clock Hours 45**

AP101 Anatomy and Physiology In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

The total cost for FHS, the first classes in our EZ pay option is \$320. This total includes tuition, enrollment fees, books and shipping in USA

Diploma programs at NHC are 20-45 credit programs designed to prepare students to enter the holistic wellness professions with the scientific knowledge to work in their chosen field helping the ill and the well live in a state of wellness.

Ayurvedic Health Practitioner Diploma Curriculum

The Ayurvedic Health Practitioner Program will provide you applied knowledge on how to properly and safely work with vitamin or herb therapies for various diseases and disorders from Ayurvedic perspectives. If you already have a practice, are involved in teaching of eastern practices like yoga or have a holistic business this program can be an amazing addition to either. This is a highly specialized program and not suggested for students just starting in the holistic fields. If you are just starting in this field we suggest considering the Master Herbalist diploma first. All of those credits are fully transferable to the Ayurvedic Health Practitioner Program. (see Transfer of Credit Policy: NHC -to- NHC for details)

This Program will teach you the principles of Ayurvedic wellness practices. You will also learn practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

Program Information

Each Class is divided into textbook chapters or sections of chapters which will henceforth be referred to as topics. Each topic contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

Classes, Credit Hours, Clock Hours and Prerequisites

The Ayurvedic Health Practitioner program will take approximately 9-12 months to complete, assuming you are working 4-6 hours per day on business days but work at your own pace- you have 2 years to complete the program and extensions are available. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the program is up to you!

Three Plans for the Ultimate Payment Flexibility!

Option 1: Maximum Saving



If you are making a full payment then you just pay \$2,115 for tuition plus our normal \$50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 15 online classes, real teachers and modern textbooks for this cost!

Option 2: Zero Interest Payment Plan



With this plan you pay \$760 (1/3) down then make 6 monthly auto billed payments of \$256 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Option 3: EZ Pay as you go



\$320 to get started! That covers everything for your first two classes, including enrollment fees, books and domestic shipping. After that pay for classes as you progress. No financing contract required, no other fees or special charges. We will even lock you in at \$54 a credit hour for 2 years or until you complete your diploma- whichever comes first and books are still included!

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HS101	Foundations of Holistic Science	45	3	OR014	All
AP101	Anatomy and Physiology	30	2	HS101	All
HM101	Essentials of Herbal Medicine	60	4	AP101	MH, HHP, AHP
HM102	Natural Alternatives. to Allopathic Medicine	45	3	HM101	MH, HHP, AHP
MH310	Creating Herbal Medicines	45	3	HM102	MH, AHP
MH301	Therapeutic Herbalism	45	3	MH310	MH, AHP
HM301	Herb-Drug-Vitamin Interactions	45	3	MH301	All
AY101	Ayurveda Fundamental Principles	60	4	AP202	AHP only
AY202	Practical Assessment	60	4	AY101	AHP only
HM104	The Yoga of Herbs	30	2	AY202	AHP only
HH101	Perfect Health	30	2	HM104	AHP only
AY110	Ayurvedic Yoga Therapy	30	2	HH101	AHP only
AY102	Secrets of the Pulse	30	2	AY110	AHP only
HC112	Ayurvedic Cooking for Westerners	45	3	AY102	AHP only
HB301	Setting up Practice (Final Project)	75	5	There are different assignments in the final project for each diploma. This is the only class you may have to take more than once.	
	Total	675	45		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class Descriptions: Ayurvedic Health Practitioner Program (AHP)

Orientation- No Cost

Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

Each Class is divided into textbook chapters or sections which will henceforth be referred to as topics. Each topic contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

HS101 Foundations of Holistic Science In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 3 Clock Hours 45**

AP101 Anatomy and Physiology In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

HM101 Essentials of Herbal Medicine In this 10 topic class you will discover the origins of herbal medicine and explore modern herbal applications. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their wellness uses. **Credits 4 - Clock Hours 60**

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

MH310 Creating Herbal Medicines This class is designed to educate you on the fundamentals of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. **Credits 3 - Clock Hours 45**

MH301 Therapeutic Herbalism: Theory and Practice In this class the basics for preparations of herbal medicines are covered. You will learn how to choose what herbs to use, how to prepare them, and how to administer them for maximum effect. **Credits 3 - Clock Hours 45**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

AY101 Ayurveda Fundamental Principles In this class you will study the basics and principals of Ayurveda. This includes the basic history on Ayurveda and how the body functions on a subatomic level. This will provide an overview of the subject and prepare you for subsequent Ayurvedic classes, which will approach the material in more depth. **Credits 4 - Clock Hours 60**

AY202 Practical Assessment This class is designed to take you deeper into the field of Ayurveda. Learn how all the different energies and elements in the human body work together to create a balance. Discover the techniques of Ayurveda and how to use them to determine the root cause of discomfort and disease and how things can be put right again inside the body. **Credits 4 - Clock Hours 60**

HM104 The Yoga of Herbs- This class is designed to educate you on how herbs are an important part of Ayurvedic treatment. Learn about what herbs are effective for which treatments as well as preparations for herbs in the Ayurvedic system. **Credits 2 - Clock Hours 30**

HH101 Perfect Health In this class, you will learn how the body is not as simple as it appears. Learn how the quantum universe affects your body and how we can tap into the quantum level and intervene to create balance and health. Learn how to identify your body type and what that means, and how to tailor your lifestyle to best suit your body type so that you can achieve perfect health. **Credits 2 - Clock Hours 30**

AY110 Ayurvedic Yoga Therapy In this class you will study how Yoga and Ayurveda are two parts of a whole, and how by practicing the two together you can achieve total wellness of bodily health and spiritual peace. **Credits 2 - Clock Hours 30**

AY102 Secrets of the Pulse This class is designed so that you can learn the art of Ayurvedic pulse diagnosis. Learn how to take a pulse, the seven levels of pulse, and all of the other details that you can discover with these techniques. Learn how to use the pulse to determine the root causes of client issues. **Credits 2 - Clock Hours 30**

HC112 Ayurvedic Cooking for Westerners Learn to practice the concepts of Ayurveda in the kitchen. Discover how diet affects your body's doshas and can either create imbalances or promote harmony. Discover many flavorful and healthy Ayurvedic recipes for meals and social situations that can be prepared with little effort. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 - Clock Hours 75**

Holistic Health Practitioner Diploma Program Curriculum

The HHP Program will give you a foundation that will support your personal growth and enable you to educate others in life supporting principles. You will learn practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

This Program will teach you the principles to become a Holistic Health Practitioner in today's health world. The material in the Program will also provide you applied knowledge on how to properly and safely recommend vitamin or herbal therapies for various diseases and disorders from a Holistic perspective.

This distance learning program and succeeding optional volunteer internship opportunity will prepare you for serving your community as a Holistic Health Practitioner.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average. The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

HHP Classes, Credit Hours, Clock Hours and Prerequisites

The Holistic Health Practitioner Program will take approximately 9-12 months to complete assuming you are working 4-6 hours per day on business days but work at your own pace- you have two years to complete the program and extensions are available. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the program is up to you!

Your tuition options for our Holistic Health Practitioner Program include these three plans for the *Ultimate Payment Flexibility!* Something for every pocketbook size!

Option 1: Maximum Saving



If you are making a full payment then you just pay \$1,074 for tuition plus our normal \$50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 13 online classes, real teachers and modern textbooks for this cost!

Option 2: Zero Interest Payment Plan



With this plan you pay \$710 (1/3) down then make 6 monthly auto billed payments of \$240 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Option 3: EZ Pay as you go



\$320 to get started! That covers everything for your first two classes, including enrollment fees, books and domestic shipping. After that pay for classes as you progress. No financing contract required, no other fees or special charges. We will even lock you in at \$54 a credit hour for 2 years or until you complete your diploma- whichever comes first and books are still included!

Can't decide?

- A little short on cash this month?
- Get started *now* with the first two classes. We will offer this to you again a couple of weeks before you finish your first two classes! If paying by check or money order, call us at (209) 390-8076 extension 111

Transfer your Credits! If you are an existing student of NHC, or if you took A and P at a US Department of Education Accredited school call us about transferring your credits to this program

Get Started today! Your exciting and profitable future starts tomorrow!

The following table represents the Holistic Health Practitioner Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

HHP Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Holistic Health Practitioner Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HS101	Foundations of Holistic Science	45	3	OR014	All
AP101	Anatomy and Physiology	30	2	HS101	All
HM101	Essentials of Herbal Medicine	60	4	AP101	MH, HHP, AHP
HM102	Natural Alternatives to Allopathic Medicine	45	3	HM101	MH, HHP, AHP
NC301	Drug Free Remedies	60	4	HM102	HHP, NC
HP203	Alternative Medicine Treatments	45	3	NC301	HHP
DT102	Internal Cleansing & Detoxification	45	3	HP203	HHP
HP301	Understanding Disease & Treatments part 1	60	4	DT102	HHP
HP302	Understanding Disease & Treatments part 2	60	4	HP301	HHP
HP101	Dietary Wellness	60	4	HP302	HHP
HM301	Herb-Drug-Vitamin interactions	45	3	HP101	All
HB301	Setting up Practice (final project)	75	5	There are different assignments in the final project for each diploma. This is the only class you may have to take more than once.	
	Total	630	42		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class Descriptions: Holistic Health Practitioner Program (HHP)

Orientation- No Cost

Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

HS101 Foundations of Holistic Science In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 3 Clock Hours 45**

AP101 Anatomy and Physiology In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

HM101 Essentials of Herbal Medicine In this class you will discover the origins of herbal medicine and explore its applications today. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their uses. **Credits 4 - Clock Hours 60**

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

NC301 Drug Free Remedies In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. **Credits 4 - Clock Hours 60**

HP203 Alternative Medicine Treatments In this class you will go into depth about the wide range of alternative methods used for healing. This class covers more than 150 specific diseases and what alternative therapies are effective treatments each specific ailment. **Credits 3 - Clock Hours 45**

DT102 Internal Cleansing & Detoxification In this class you will study how common foods and environmental factors have toxins that can build up in the body and affect health. Discover how to cleanse your system of these toxins and then how to eat to avoid letting them build up in your body again. **Credits 3 - Clock Hours 45**

HP301 Understanding Disease & Treatments Part 1 In this class you will study in depth about disease and how it affects the body. You will learn how to spot illness, how to identify which disease it is, what causes the disease, and how it is traditionally treated. Learn about the many variables, not just of the disease, and how it can affect you, but about different treatments and the precautions that should be taken depending on the client's circumstances. **Credits 4 - Clock Hours 60**

HP301 Understanding Disease & Treatments Part 2 In this class you will study in depth about disease and how it affects the body. You will learn how to spot illness, how to identify which disease it is, what causes the disease, and how it is traditionally treated. Learn about the many variables, not just of the disease, and how it can affect you, but about different treatments and the precautions that should be taken depending on the client's circumstances. **Credits 4 - Clock Hours 60**

HP101 Dietary Wellness Nutrition is an important part of health. This class will educate you on how to maximize your diet for your health by studying various types of foods, the nutrients they possess and how these nutrients affect the body. **Credits 4 - Clock Hours 60**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers **Credits 5 Clock Hours 75**

Master Herbalist Diploma Program Curriculum

The Master Herbalist Program will provide you applied knowledge on how to properly and safely work with vitamin or herb therapies for various diseases and disorders from a Holistic perspective. This Program will

teach you the principles of applying Holistic Health Science in today's health world. You will also experience practical applications of medicinal herbs for disease prevention, disease therapies and natural alternatives to over-the-counter or prescription drugs.

The material in the Program will give you a foundation that will support your personal growth and enable you to educate others in these life supporting principles. This distance learning program and succeeding optional volunteer internship opportunity will prepare you for serving your community as a Master Herbalist.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids.

All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites

The Master Herbalist program will take approximately 4-9 months to complete, assuming you are working 4-6 hours per day on business days but work at your own pace- you have up to two years to complete the program, extensions are available if you need more time. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the program is up to you!

Three Plans for the Ultimate Payment Flexibility! Something for every pocketbook size!

Option 1: Maximum Saving



If you are making a full payment then you just pay \$1,222 for tuition plus our normal \$50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 8 in depth online classes, real teachers and modern textbooks for this cost!

Option 2: Zero Interest Payment Plan



With this plan you pay \$450 (1/3) down then make 6 monthly auto billed payments of \$150 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Option 3: EZ Pay as you go



\$320 to get started! That covers everything for your first two classes, including enrollment fees, books and domestic shipping. After that pay for classes as you progress. No financing contract required, no other fees or special charges. We will even lock you in at \$54 a credit hour for 2 years or until you complete your diploma- whichever comes first and books are still included!

- Can't decide?
- A little short on cash this month?

Get started *now* with the first two classes. We will offer this to you again a couple of weeks before you finish your first two classes! If paying by check or money order, call us at (209) 390-8076 extension 111

MH Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Master Herbalist Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HS101	Foundations of Holistic Science	45	3	OR014	All
AP101	Anatomy and Physiology	30	2	HS101	All
HM101	Essentials of Herbal Medicine	60	4	AP101	MH. AHP. HHP
HM102	Natural Alternatives to Allopathic Medicine	45	3	HM101	MH. AHP. HHP
MH310	Creating Herbal Medicines	45	3	HM102	MH, AHP
MH301	Therapeutic Herbalism: Theory & Practice	45	3	MH310	MH, AHP
HM301	Herb-Drug-Vitamin Interactions	45	3	MH301	ALL
HB301	Setting Up a Practice and Final project	75	5	There are different assignments in the final project for each diploma. This is the only class you may have to take more than once.	
	Total	390	26		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class Descriptions: Master Herbalist Program

Orientation- No Cost

Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

HS101 Foundations of Holistic Science In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 3 Clock Hours 45**

AP101 Anatomy and Physiology In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

HM101 Essentials of Herbal Medicine In this class you will discover the origins of herbal medicine and explore its applications today. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their uses. **Credits 4 - Clock Hours 60**

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

MH310 Creating Herbal Medicines This class is designed to educate you on the fundamentals of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. **Credits 3 - Clock Hours 45** **MH301 Therapeutic Herbalism:**

Theory and Practice In this class the basics for preparations of herbal medicines are covered. You will learn how to choose what herbs to use, how to prepare them, and how to administer them for maximum effect.

Credits 3 - Clock Hours 45

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use, personal herb journal pages, as well as client based research assignment project papers **Credits 5 Clock Hours 75**

Nutritional Consultant Diploma Program Curriculum

The Nutritional Consultant Program will also provide you with applied knowledge on how to properly and safely work with whole foods, wellness nutrition, vitamin or herb therapies for various diseases and disorders from a Holistic perspective.

This Program will teach you the principles of applying Holistic Nutrition in today's health world. As study our Nutritional Consultant program, you will be served with a deep understanding of Weight Management, Healthy Diets, Herbal Supplements, Anatomy, Sports Nutrition and much more.

The material in the Program will give you a foundation that will support your personal growth and enable you to educate others in these life supporting principles.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids. Each class contains a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average. The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites

Nutritional Consultant Program will take approximately 9-12 months to complete, but you have up to two years to complete the Program, extensions are available if you need more time. If you are a focused, self-motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the Program is up to you!

Three Plans for the Ultimate Payment Flexibility! What fits your wallet best?

Option 1: Maximum Saving



If you are making a full payment then you just pay \$2,115 for tuition plus our normal \$50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 15 online classes, real teachers and modern textbooks for this cost!

Option 2: Zero Interest Payment Plan



With this plan you pay \$760 (1/3) down then make 6 monthly auto billed payments of \$256 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Option 3: EZ Pay as you go



\$320 to get started! That covers everything for your first two classes, including enrollment fees, books and domestic shipping. After that pay for classes as you progress. No financing contract required, no other fees or special charges. We will even lock you in at \$54 a credit hour for 2 years or until you complete your diploma- whichever comes first and books are still included!

Can't decide?

- A little short on cash this month?

Get started *now* with the first two classes. We will offer this to you again a couple of weeks before you finish your first two classes! If paying by check or money order, call us at (209) 390-8076 extension 111

NC Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Nutritional Consultant Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Credit Hours	PR Class	Transferable to
OR014	Orientation free w/tuition	0	0	tuition pd	All
HS101	Foundations of Holistic Science	45	3	OR014	All
AP101	Anatomy and Physiology	30	2	HS101	All
NC302	Vitamin Therapies	45	3	AP101	NC
HF101	Food and Nutrition	60	4	NC302	NC
NC301	Drug Free Remedies	60	4	HF101	NC, HHP
HC110	Foods to Fight Cancer	30	2	NC301	NC
HF102	Nutrition for Life & Weight Mngmt	45	3	HC110	NC
HM103	Vitamins, Herbs, Minerals, & Supplements	45	3	HF102	NC
HC111	The Worlds Healthiest Foods	60	4	HM103	NC
HF201	Raw Foods	45	3	HC111	NC
DT101	Detoxification & Diet	45	3	HF201	NC
HH110	Fitness & Health	45	3	DT101	NC
HM301	Herb-Drug-Vitamin Interactions	45	3	HM110	All
HB301	Setting Up a Practice and Final project	75	5	There are different assignments in the final project for each diploma. This is the only class you may have to take more than once.	
	Total		45		
*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, PR=prerequisite requirements					

Class Descriptions: Nutritional Consultant Program (NC)

Orientation- No Cost

Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

HS101 Foundations of Holistic Science In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 3 Clock Hours 45**

AP101 Anatomy and Physiology In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

NC302 Vitamin Therapies In this class you will learn what roles vitamins and minerals play in the body as well as the dangers of an inadequate or a surplus intake of vitamins and minerals. Also discover how vitamins can be used to aid the healing processes in the body. **Credits 3 - Clock Hours 45**

HF101 Food and Nutrition In this class you will find what constitutes healthy and unhealthy foods, as well as suggestions for how to improve your over-all well being through diet at any age. **Credits 4 - Clock Hours 60**

NC301 Drug Free Remedies In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. **Credits 4 - Clock Hours 60**

HC110 Foods to Fight Cancer: Cancer is one of the most misunderstood diseases in the world today. In this course, you will learn how lifestyle changes and diet can greatly affect your chances of getting cancer and even help cure the disease if you already have it. **Credits 2 - Clock Hours 30**

HF102 Nutrition for Life & Weight Mngmt Learn how to assess lifestyle and nutritional choices, then discover the elements of a healthy diet and how to work them into your client's life. Find out how to manage weight through diet and how food can be used as a medicine. **Credits 3 - Clock Hours 45**

HM103 Vitamins, Herbs, Minerals & Supplements- Providing in depth study of vitamins, herbs, minerals and supplements this class supplies vast amounts of information. Learn about hundreds of specific sources and go into detail about everything from the effects they have on the body to how they interact with other substances. **Credits 3 - Clock Hours 45**

HC111 The Worlds Healthiest Foods- In this class you will learn why certain foods are healthier than others. You will discover about the nutrients that healthy foods provide and which foods provide the maximum amount vital nutrients you need without unhealthy extra fats and sugars. Learn how to incorporate these foods into your diet without sacrificing flavor or time. **Credits 4 - Clock Hours 60**

HF201 Raw Foods In this course you will learn about preparing and consuming raw foods in for a balanced raw vegan diet. Learn the benefits and dangers of the vegan diet and educate yourself on how to stay healthy while eating vegan. **Credits 3 - Clock Hours 45**

DT102 Internal Cleansing & Detoxification In this class you will study how common foods and environmental factors have toxins that can build up in the body and affect health. Discover how to cleanse your system of these toxins and then how to eat to avoid letting them build up in your body again. **Credits 3 - Clock Hours 45**

HH110 Fitness and Health- Discover how to achieve the maximum benefits of physical activity. This sixth edition of Fitness & Health is your guide to both a deeper understanding of the exercise health relationship and a map for meeting your individual needs and goals. The book clearly explains how the body responds to physical activity, why physical activity is so beneficial to health, and the way in which physical activity enhances these areas of fitness:- Aerobic and Muscular Fitness- Weight Control- Performance in Work and Sport- Energy and Vitality. **Credits 2 - Clock Hours 30**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 Clock Hours 75**

Tuition & Fees

Tuition is based on \$54.00 per semester credit hour.

Program	Registration Fee*** Non-Refundable (one time only)	Program's total Credit Hours	*Textbooks and Materials	Tuition	**Total Cost
Foundations of Holistic Science	\$50.00	5	*Included (US only)	\$270.00	\$320.00
Ayurvedic Health Practitioner	\$50.00	45	*Included (US only)	\$2,430.0	\$2,480.00
Master Herbalist	\$50.00	26	*Included (US only)	\$1,404.00	\$1,454.00
Nutritional Consultant	\$50.00	45	*Included (US only)	\$ 2,430.00	\$ 2,480.00
Holistic Health Practitioner	\$50.00	44	*Included (US only)	\$2,268.00	\$2,318.00

**Estimated charges for the period of attendance and the entire program.

***Registration Fee: every applicant/student pays just one time

Additional Fee's, as applicable:

Enrollment/Application (non-refundable) Fee \$50 (refundable if NHC denies the admission),

Return Check Fee, \$35.00,

Credit Card Declined fee \$35,

Tuition is based up on \$\$54.00 per credit hour,

Official Transcript Fee (after first free copy) \$9.00,

Program Change Fee \$75,

Credit Transfer \$25/credit hour- applicable only if credit transfer approved,

Re-entry fee \$35,

Late Payment Fee \$35,

Reinstate from leave fee \$35,

Reinstate after probation \$35,

International books and material- We don't ship any book or material to non-US destinations. International students are responsible for arranging their own books. NHC will provide book list and students can try to source the books from Amazon or other retailers before enrolling for the class, course or program. NHC will issue partial refund for the books - to be determined by case by case basis. In all the cases, the receiver is responsible for all the taxes, duties, customs and brokerage fee, if any.

NHC reserves the right to waive any of these fees, except Govt. imposed fees.

Summary of Tuition Fee with Credit Hour Class: (at the current rate) of 1 Credit Hour: \$54.00

2 Credit Hour Class/Course: \$108.00

3 Credit Hour Class/Course: \$162.00

4 Credit Hour Class/Course: \$216.00

5 Credit Hour Class/Course: \$270.00